



AAU Gymnastics Team

Member Contract

Season 11: 2024-2025

Welcome to SPSG's fourth, competitive AAU Gymnastics Team. This is our first season being lead and directed by Kayleena Schauff. We are excited to provide you this opportunity.

Please read the below contract.

IF you agree to EVERYTHING listed, you will receive your membership fee to your portal around September 1st.

IF you do not agree to anything and need to pass on the opportunity, please notify MEGHAN by September 1st. Thank-you!

Attendance: All members are required to register for at least TWO AAU nights per week. Each member needs to make it a priority to attend BOTH nights each week (we understand that there might be minor exceptions to this and will be flexible when needed).

IF you register for all three nights of AAU, you will get 50% off the 3rd night. This is a manual discount. Please make sure you see it on your portal. If not, just let Meghan Know.

Make-Up Classes: All AAU members that register for TWO nights a week, CAN make-up a missed night by attending the 3rd option. AAU members can do this anytime that is needed. You do not need to notify us of a make-up, we have the flexibility to accommodate you. You can just show up.

Levels: All AAU Levels will be assigned during the August evaluation. Whatever skills the student has- will be the basis for their level. Whatever level you are assigned in August WILL be the level you compete for the entire season. This does not mean that the student won't work harder skills, but they will only learn ONE routine.

Meets:

We plan to attend **TWO AAU meets this season.**
The Shine Bright Invite (January 11/12) in Sparta
The Keep your Balance Invite (April 5/6) in Sparta.

*Please try and keep these dates open. Each child will only compete ONE of the days BUT we will not know which day until 7-10 days in advance.

Because our team is so small, we need all members to attend. IF more than two kids have a conflict, we would need to cancel for the entire team.

Registering for Meets: You will be notified via email once these are uploaded to your portal. Each student needs to use the "Events," tab to enroll for their meet. This ensures we easily provide you with meet info and do not miss anyone.

We will also have **TWO recreational meets-** optional for our AAU members.

Although routines will differ, we will try and implement similar skills so that they are getting the extra practice opportunities. During rec meets, students will be read their routines so they do not need to memorize.

These are optional but HIGHLY recommended as they will help the child adapt more to the competition setting.

The PDC Winter Wonderland meet is normally early December. Tentative Date: Dec. 7th
We will be moving our Winter Freeze meet to February. This should spread the meets out more. Tentative Feb. 1

Fees:

Membership Fee: All members will need to pay an AAU membership fee (required to attend sanctioned meets). AAU team membership fees are split and built into this. This fee is \$45.
Once we charge it to your portal (around Sept. 1), you need to pay it immediately. Once paid, it is non-refundable even if you drop out. The membership fee will last ONE year.
Tuition fees are reflected in your portals and due every two months (as usual).

AAU Meet Fees: Roughly \$150 per meet.
This includes the required company meet fee, the required company team fee and your coaches fee.

Rec Meet Fees: Most recreational meets are \$50-\$65 per student.

*Fees will be posted as you enroll. It will be important that you keep up to date on your meet fees. If you make a late payment, you will be subject to a \$25 overdue fee.

Leotard Fees: You should have already purchased your SPSG leotard. The $\frac{3}{4}$ sleeve was around \$160 and the tank was around \$75.

If you think you forgot to order this, email Meghan immediately. These take 12 weeks to get. We ordered 4 extra in assorted sizes- you will need to contact us ASAP.

SPSG Jackets: Members should order an SPSG jacket to wear over their leotard between events. Any past style is fine. Ask around for second-hand options; otherwise, we will post a MOVEU and Sportsworld link soon.

Meet Dress Code: All female gymnasts are REQUIRED to wear their SPSG leotard (no extras overtop). They will need their hair pulled back into a nice, clean bun. Braids are welcomed additions, but we do not want any bangs or fly-away hair. We are working on providing all members with a special team, hair scrunchie. If we can get these made, they will be required over their buns. We will provide these for free to each member. Please look at past AAU banners to see hair photos. The 2019 banner has great examples.

Students cannot have bra straps showing under their leotards. Plan accordingly.

Between events, students should plan to wear their SPSG jackets and a pair of black leggings or sweatpants. Or SPSG leggings or sweats (new choices in the Sportsworld Store)

Grips are only needed for AAU level 4+.

Male Gymnasts MUST have the black, SPSG athletic set from Sportsworld.

Class Dress Code: Any leotard. Hair pulled up. Bare feet. We prefer no additional clothing items BUT will accept, fitted black spandex at practice.

Communication: Please stay up to date with your emails. We will always notify you when we have meet information. It is your responsibility to watch and read emails for dates & deadlines.

IF you cannot find an email- they are ALWAYS saved in your portals. Click the lines on top right and hit, "messages."

Please email Kayleena for any routine, class, meet, skills or private lessons questions: spsgkayleena@gmail.com
Kayleena is also in charge of the SPSG Gymnastics Facebook page and can be contacted there.

Please email Meghan if you have any billing, fees, or portal related questions. This includes transferring, changing or dropping of classes. Kayleena does not have access to individual family portals. To avoid confusion, reach out to Meghan in these situations.

shinepowerstudio@outlook.com

Other Requirements: In addition to the SPSG leotard and meet requirements:

- AAU members are required to attend class Sept-April.
- They are required to partake in at least ONE, hour private lesson (or two 30 minute lessons).
- They are also required to donate at least one item for the Winter Freeze concession stand. Concession proceeds go into the equipment fund. As our AAU program grows, it will be important that we have improved equipment. All members will be notified when the sign-up sheet is posted.
If you cannot stop in to sign up, or don't want to bring a physical item, you will instead be charged \$15-\$20 in your portal to contribute to the stand.
- We will also try and offer at least ONE open gym per month. This season, it will not be required BUT we anticipate requiring team students to attend 50% of open gyms in the future. MOST AAU gymnasts train 6 hours a week- our gym is small so we cannot offer 6 hours to each student. Open gyms and private lessons are the best way to maintain similar hours as your competitors.

Private Lessons: Please email Kayleena anytime to arrange private lessons. These are normally \$35/hour. Private lessons need to be paid via cash/check to Kayleena (or the coach). For more private lesson information or to view our cancellation policy, please click the subsequent tab on our website.

Fundraising: At any point, fundraisers may be done to earn money towards competitive costs. If a parent would like to set-up a fundraiser, please notify Meghan. Any student/parent who helps with the fundraiser will be able to split the earned fees and put the money towards any costume, competitive, or tuition fees.

If you use the SPSG facility or events for a fundraiser, you must ask all team members to help. You cannot use our events as an independent fundraiser unless others pass on helping.

Meghan will arrange at least one fundraiser this season (popcorn or cookie dough). These do unfortunately have to be set between Sept-December to correlate with the dance team but participating is always optional.

****Reminder, besides the popcorn/cookie dough fundraiser- all fundraisers must be planned by a parent(s). Miss Meghan should only be minimally involved.**

Summer Lessons: Summer Lessons are crucial for us to develop a strong, winning, AAU team. Students who take the entire summer off WILL fall behind and will be less likely to improve. Gymnastics is not the type of sport you can take a break from and come back within the same skill set.

That being said, please watch for our 2025 summer schedule. Students who enjoy their year on AAU and want to continue, will NEED to enroll for summer lessons. We cannot safely bump levels if they don't participate.

We are looking forward to a great season of AAU gymnastics. If you have questions, contact us anytime!

-Miss Meghan

-Coach Kayleena