



## Season 11: Fall/Spring Schedule

2024-25. Family: \_\_\_\_\_

<b>Mondays</b>		<b>Tuesdays</b>		<b>Wednesdays</b>		<b>Thursdays</b>		
Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym	
Doors Open at 4:00pm		Doors Open at 3:45pm		Doors Open at 3:15pm		Doors Open at 3:45pm		
4:15-4:45 <b>Jazz I</b> Ages 6-9 *MS/KM	4:15-4:45 <b>Boys I</b> 4-7 *MM/KS	4:00-4:45 <b>Dance Basics II (A)</b> Ages 5-8 *MM			4:15-4:45pm <b>Tots Gymnastics</b> Ages 3-4 <b>LV I Gymnastics</b> Ages 5-6 *KS/AB/JS		4:00-4:30 <b>Dance Basics I</b> Ages 3-4 *MM/RS	
4:45-5:30 <b>Dance Basics III</b> Ages 7-10 *MM/KM	4:45-5:15pm <b>Tots Gymnastics</b> Ages 3-4 <b>LV I Gymnastics</b> Ages 5-6 *KS/GF	4:45-5:15 <b>Jazz II</b> Ages 8-9 *KS	4:45-5:15 <b>Cheer Mini</b> Ages 4-7 *MM/AB		4:45-5:30 <b>LV II Gymnastics</b> Ages 6-8 <b>LV III Gymnastics</b> Ages 8-11 *KS/AB/JS	4:30-5:15 <b>DB II (B)</b> Age 6-9 *RS	4:30-5:15 <b>Team Jazz I</b> Try-Outs (8+) *MM	
5:30-6:00 <b>Pre-Adv Clogging</b> Placement *MS/KM	5:15-6:00 <b>LV II Gymnastics</b> Ages 6-8 <b>LV III Gymnastics</b> Ages 8-11 *KS/GF Ages 8-10 *KS/GF	5:15-5:45 <b>Dance Basics I (A)</b> Ages 4-6 *MM	5:15-5:45 <b>Beginner/Int Cheer (A)</b> Ages 8-11 *KS/AB		5:30-6:30pm <b>LV IIII Gymnastics</b> Ages 11+ <b>Adv. Gymnastics</b> Placement *KS/AB		5:15-6:00 <b>TEAM Jazz II</b> Try Out. 10+ MM	
6:00-6:30 <b>Int. Clogging</b> Ages 8+ *MS/KM	6:00-6:45 <b>Adv/Int Cheer</b> Placement *DB/GF/KS	5:45-6:15 <b>Jazz III</b> Ages 10+ *KS/AB	5:45-6:15 <b>Boys II</b> Ages 7+ *MM		5:30-6:45pm <b>Team AAU Gym</b> Placement KS/AB	5:15-6:15 <b>Tap/Ballet I</b> Ages 8-11 *RS	6:15-7:00 <b>Beg/Int Cheer (B)</b> Ages 8-12 *DB/GF	
6:45-7:30 <b>TEAM Clogging</b> TryOut. Age 12+ *MS/KM	6:45-7:45 <b>LV IIII Gymnastics</b> Ages 11+ <b>Adv. Gymnastics</b> Placement *KS/GF	6:15-7:15 <b>Tap/Ballet II</b> Ages 10+ *MM	6:15-7:15 <b>LV IIII Gymnastics</b> Ages 11+ <b>Adv. Gymnastics</b> Placement *KS/AB/JS			6:15-6:45 <b>Inter. Tap</b> Placement *RS		
7:30-8:00 <b>Adv. Tap</b> Placement *MM	6:45-8:00 <b>AAU GYM</b> Placement *KS		6:15-7:30 <b>AAU GYM</b> Placement KS/AB/JS	6:30-7:15 <b>Hip-Hop</b> Ages 10+ Tryouts *MM		6:45-7:30 <b>Int. Ballet</b> Placement *RS		
8:00-8:45 <b>Adv. Jazz (A)</b> Placement *MM	<b>2024-25 Head Teachers:</b> Meghan Mueller (MM) Rachel Simon (RS) Kayleena Schauff (KS) Maddy Streeter (MS) Kortnie McCorkle (KM) Maribeth Fritz (MF) Daisy Biba (DB) Abbey Byrne (AB) Gwen Funk (GF) Justine Sparrgrove (JS)			7:15-8:00 <b>Jazz III</b> Ages 10+ Tryouts *MM		7:30-8:15 <b>Adv. Ballet</b> Placement *RS	7:00-7:30 <b>Inter. Boys Hip-Hop</b> Placement *MM	
8:45-9:15 <b>Adv. Clogging</b> Placement *MM								7:30-8:00 <b>Inter. Jazz</b> Placement *MM
				All younger classes include 1-2 assistants. New Students: To join classes listed as "placement", please contact Meghan. <a href="mailto:shinepowerstudio@outlook.com">shinepowerstudio@outlook.com</a>				

## Fall/Winter 2024-25

Season 11! We will begin accepting pre-enrollments for current families on March 25th.  
Spots open to the public on April 22<sup>nd</sup>.



### Before Pre-Enrolling:

- Make sure you have a 0 balance on your account to join new classes.
- Make sure you have an updated, working credit card on file.
- Make sure you have updated addresses and emergency contacts.
- Read our updated handbook and policies. This can be found on the “contact,” page of the website.
- **New!** Prepare to make a \$25 deposit PER CLASS. Please register and pay with the understanding that deposits are non-refundable. They will apply to first quarter tuition ONLY if you keep the class you paid it towards. If you register for two classes and drop one, you lose ONE of the \$25 deposits. Any deposit/payment made CAN NOT be transferred to other classes, siblings, students or sessions. IF you register for classes but the \$25 fee is not received, SPSG has the right to charge the card on file for that amount or remove you from the class. PLAN AHEAD: The **full first quarter must be paid on or before our registration day** in mid-August. This date is TBA.

### To pre-enroll:

- Login to your parent portal- shinepowerstudio.com
- On the home page, you will see “Looking for a class.”
- Hit the Green button that says “Find a class.”
- You can then search classes or view them alphabetically. Once you add to your cart, you will be able to choose which child you are enrolling.

*Please only enroll for classes you were approved for and you are certain you will be taking...if you want to join a new class or style, contact Miss Meghan for guidance on placement. Please remember that the ages listed are for new students/reference, but SPSG is skill based. In order to advance to higher levels, certain skills and certain completed hours must have been obtained during the 2024-25 season.*

***\*Because we have not closed out season 10, you should also double check that you enroll for the 24-25 season.***

### To add a new child to your portal:

Login to your portal  
Hit the three lines in the top left.  
Hit “Account”  
Hit the Big Green plus sign.

### Other Important Reminders:

- Anyone who does not have a 0 balance by registration day (August), will have their cards automatically charged for the due fee. Once a fee is paid, it is non-refundable. If you need to make changes to your class schedule- make sure to email us before registration day in August or you will be charged the full amount regardless. You will get an email prior with the registration date to help you stay organized.

### AAU Gymnastics:

SPSG will be offering students the opportunity to compete AAU and/or recreationally next season. Coach Kayleena will be back to coach at Shine Power full time. We are extremely lucky to have her coming back to our area with her AAU certification. This will re-open many doors for our serious gymnasts. If you are interested in trying out for the AAU gymnastics team, please review the guidelines and descriptions on our website or on the black board at the studio. AAU rules, regulations and policies are determined by the AAU organization and NOT by SPSG. You can also join us for an AAU parent meeting and student evaluation day: *June 5<sup>th</sup> 5:30-5:45. Evals to follow: 5:45-6:45 (depending on the amount of students). Meeting is free. Evals are \$8 each. Must pre-register under the “events,” tab in your portals.*

**ALL spots are first come, first serve. Current students get first dibs on spots. Spots open to new students on April 22nd. If your desired class is full, join the wait list. We try to make adjustments to fit in students or add classes if our wait lists are large. Thanks for picking SPSG for all your dance, cheer & gymnastics needs. We REALLY appreciate you!**

## **CLASS DESCRIPTIONS & REQUIREMENTS:**

**Clogging-** Intermediate is for *new* to experienced clogging students. Pre-advanced is for new students (12+) or students with two-three years of clogging experience. To enroll in intermediate: It is recommended that students should have at least 1 year of tap experience and be at least 7 years old by October 1st.

**Dance Basics-** We offer multiple different levels and age ranges of dance basics. This is the best place to start if you unsure on what class is best for your child. Each class will be done half in tap shoes and half in ballet shoes. We will pick one style for their recital routine. Tap & ballet are the foundations of all other dance styles- we recommend ALL students take these classes prior to adding in clogging, jazz, ect.

**Cheer Minis:** Cheer minis is for ages 4+. Our cheer minis class is held in our equipped, gymnastics facility and is perfect for little ones that want to get a taste for dance AND gymnastics. After working on stretches center floor, most classes will revolve around floor tumbling, stunting & jumps. This includes one routine in our spring recital.

**Advanced VS. Intermediate Cheer requirements:** We combine ages and levels for our upper level students in order to create fuller classes with more stunting opportunities. Most students should be at least 10 years old and able to demonstrate strength, bridges, and the majority of basic gymnastics skills. Students are encouraged to take gymnastics to better their tumbling skills. Due to the impact an absence has on the stunts being taught, attendance is more important than any other style class. Please take your attendance seriously.

**Competitive Jazz Teams (Minis, I & II):** Students must take part in a try-out, judged process for these classes- Placement IS NOT easily given! In order to try-out, students must be at least 8 years of age or specifically invited by an instructor. They must also be enrolled in a jazz or ballet class for the 2024-25 year. If you are interested, please grab a skill requirement guide from the studio or view them on our website. Also, make sure you have registered for **to complete the needed summer intensive hours** and emailed Miss Meghan for the tryout date. These classes are run with extremely high expectations. We offer these for dancers who want to take their skills to the next level and who put dance before all other athletics & activities.

**Competitive Dance Jazz-Hop Team:** Students must take part in a try-out, judged process for these classes- Placement IS NOT easily given! In order to try-out students must be at least 13 years of age. They must also be enrolled in a jazz or ballet class for the 2024-25 year. If you are interested, please grab a skill requirement guide from the studio or view them on our website. Also, make sure you have registered for **the correct amount of summer intensive hours** and emailed Miss Meghan for the tryout date. These classes are run with extremely high expectations and are offered for dancers who want to take their skills to the next level and who put dance before all other athletics & activities. This class will be more hip-hop based than our regular competitive teams.

**Competitive Clogging Team:** Students must take part in a try-out, judged process for these classes- Placement IS NOT easily given! In order to try-out students must be at least 12 years of age. They must also be enrolled in an SPSP clogging class the 2024-25 year. If you are interested, please grab a skill requirement guide from the studio or view them on our website. Also, make sure you have registered for **the correct amount of summer intensive hours** and emailed Miss Meghan for the tryout date. These classes are run with extremely high expectations and are offered for dancers who want to take their skills to the next level and who put dance before all other athletics & activities.

**Pointe & Pre-pointe-** Students must have 5+ consecutive years of ballet experience, must be at least 12 years old and MUST be enrolled in intermediate or advanced ballet. Pointe can be very dangerous due to the amount of stress that is placed upon toes and ankles- any student whose feet are not done growing or any student who has issues with knees or ankles should not enroll in this class. Injury can occur easily! Pre-pointe students will train in flat ballet shoes and will not necessarily perform on toe for their first year or two.

**This class cannot be requested.** Being placed in this class is a reward for hard work and dedication. Also, being enrolled in this class does not mean that you will perform en pointe for recital. If you are unable to hold releve or perform the necessary ballet steps, you will perform in flat shoes for recital. Please, understand if I hold a child back from enrolling in this class, even after age 13.

### **Recreational Gymnastics-**

Our gymnastics program is directed by Kayleena Schauff. Please reach out to Kayleena or view the age descriptions in order to find the right class for your child. Students will be able to work in the gym with their own classmates WHILE also striving for their own individual goals. During most classes, we will run two levels at a time. Typically, they will stretch together and then their coaches will split them in an organized fashion to work different stations each class.

**Toddlers: (boys and girls aged 3-4)-** Our Toddler class invites all active youngsters who are new to organized gymnastics class to join us for a fun, supportive & explorative experience. Learn basic stretches, jumps, rolls, swings & more. We will help your child learn what his or her body can do!

**Level 1: For Boys and Girls ages 5-6 yrs. 30 min class** Gymnasts will work on learning basic gymnastic stretching techniques, jumps and leaps on the tumble track, and basic skills on the beam, floor, bars, and vault.

**Level 2: For Boys and Girls ages 7-8 yrs. 45 min class.** Gymnasts will define the level 1 skills, examples include but are not limited, gymnasts will be expected to be comfortable doing a correct cartwheel, handstand, forward and backwards rolls, bridge, they will be on their way to learning a pullover, and will be comfortable on the balance beam.

**Level 3: For Boys and Girls ages 8-10 yrs. 45 min class.** Gymnasts will define level 2 skills, and will become comfortable doing a pullover on the bar, round offs on the floor, and bridge kickovers, while working on vaulting into a handstand.

**Level 4: For Boys and Girls ages 11+. 60 min class.** At this level gymnasts will have mastered all basic skills including leaps and jumps on the floor, back walkovers, underarm lift into a handstand on vaulting mats. We will be working towards mastering back hip circles and two foot pull over on bars and working on back handspings to name a few.

**Advance Placement:** All age groups, placement by coach only. **60 min class:** Gymnasts will have mastered all above events and will work toward handsprings, vaulting over the vault table, glide kips on bars, cartwheels back handsprings, splits and leaps on beam.

- **The advanced level** is saved for students, of any age, who are excelling at ALL their gymnastics skills & events but do not want to compete in AAU. The advanced level is coach placement based upon skill. Please understand that your coaches have final say in placements, although students are normally in a class with their own age group, there are exceptions for students who are advancing at a quicker pace.
- Levels may change as student progresses. A coach will notify you in this situation.

### Recreational Gymnastics Meets:

- All gymnasts will be given 1-3 optional, opportunities to compete locally. Details and meet fees will be sent out prior to the events. Some meets will have students competing floor ONLY while others may include multiple gymnastics events.
- When a meet is offered, you will be able to register and pay within your portal. All meet fees are given by the team holding the event and then marked up to cover coaching travel fees.
- Students DO NOT need an AAU or USAG membership to compete at recreational events.
- SPSG typically hosts at least one in-house meet each season to give students a chance to shine within their home gym. This is a cost-effective way for students to stay competitive, and invite, grandpa and other family friends.
- Each year- normally July and August, SPSG will place a mass order for SPSG leotards. Boys will be able to purchase special SPSG shirts for meets this season. These will be HIGHLY recommended for the meets. Hair should always be tied back neatly when competing too.
- Level of regular class will be level of all routines.
- **Earn an SPSG pin for your jacket!** At the end of each season (April) students who meet the below requirements will earn a pin to be placed on their jackets, bags or display on a ribbon in their room!
  - Take gymnastics classes from September thru April
  - Compete in at least two of the gymnastics meets
  - Participate in at least on gymnastics private lesson.
  - Take a summer PIN class
- **Become an SPSG team member!** At the end of each season (April) students who meet the below requirements will be honored as 24-25 recreational, team members. In addition to their pin, they will be invited to be in our recreational, group photo.
  - Take gymnastics classes from September thru April
  - Compete in at least two of the gymnastics meets
  - Participate in at least two gymnastics private lesson.
  - Purchase an SPSG leotard (or boys uniform) to wear at all meets.

**AAU Team:** In order to qualify for AAU, students must have a certain set of skills developed by their August try-out. Students MUST be able to perform their skills self-sufficiently. In order to properly prepare for the 24-25 competitive season, students should plan to participate in the SPSG summer gymnastics program. It is highly encouraged that they participate in both sessions 1 and 2. For even quicker advancement, they can enroll for the Tuesday & Thursday classes this summer. If a student does not participate in classes all summer, it is VERY unlikely they will have the skills they need to compete AAU this fall. Gymnasts typically train year-round in order to keep all skills strong and independent.

**Fall Classes:** We offer three different day/time options for AAU students. AAU students are encouraged to enroll for all three days but MUST enroll for at least 2. If they enroll for 2 days, they can use the 3<sup>rd</sup> day option as a make-up for a missed class, if needed. **If they enroll for ALL THREE days, they will receive a \$57 discount per quarter. This makes the 3<sup>rd</sup> class more than 50% OFF!**

During the fall season, we will intermix our AAU and advanced, recreational students with the belief that seeing is believing and provides the best encouragement to work hard. Our advanced, recreational gymnasts get to see what they are working towards by watching our AAU gymnasts. All of our gymnasts are held to the same high standards of excellence. No matter what skill they are working, they know we are expecting them to work hard and keep a positive attitude.

### Requirements of ALL AAU Gymnasts:

- Register and attend at least 2 Team classes each week
- Register and compete in a minimum of two Gymnastics Meets during the 2024-25 season. We are planning to start out small by ONLY offering two AAU meets next season. If a student cannot make one of the dates, they can choose to enroll for the Winter Freeze meet as an alternative.
- Sign-up to donate at least one item for our Winter Freeze concession stand. Profits go towards new equipment- higher level equipment will be needed for AAU students.
- Register for a yearly AAU & Gym Membership that runs from September 1 2024 to August 31 2025. Cost is \$65 per gymnast. Membership is required to participate in AAU Sanction practices & meets. This will be charged to your portals and due by Sept. 1. If you drop out of the AAU program mid-season, this is not refunded.
- Purchase the team leotard which must be maintained in pristine condition.
  - We are hoping to get a new, design this season. Price & order info is TBA.
    - Please watch for this info. We will need ALL AAU gymnasts to order in July. They take 12 weeks to get so they must be ordered promptly.
- Pay all applicable meet fees (\$100-\$150/each).
  - Once signed up for a meet, gymnasts are responsible for payment even if no longer able to attend.
  - We will try and offer at least two fundraisers this season; however, parents are also welcome and encouraged to organize these on their own.
- AAU gymnasts are also encouraged to participate in our annual Winter Freeze Meet as extra preparation for their competitive season.



## SHINE POWER STUDIO & GYM HANDBOOK

- \*All 30 minute and 45 minute DANCE/CHEER classes- one routine for the spring recital. \*Competitive Dance Team- one routine.  
 \*All 1 hour classes- 2 routines for the spring recital. \*Tumbling/Gymnastics classes **do not** have a routine for recital.

### GENERAL CLASS INFORMATION

- All newsletters, bills, and forms will be sent via email within the parent portals. Extra hard copies of these items will be displayed on the blackboard and put on front desk.

**To keep up to date with your payments and class info, it is your responsibility to view your portal and emails frequently.**

**Can't find the email?!** Login to your portals and hit "messages," in the top right. ALL emails sent by us will be saved in your portals.

- **Built-in breaks-** We are always closed one week per Thanksgiving, Christmas, New Year, and Spring break. Exact dates will be emailed through your parent portal account. Typically, we also close the day of Halloween and then do a make-up lesson for the effected classes during Thanksgiving break.

### CLASS PLACEMENT

- At SPSG student placement from age 3+ to 4th grade is done *primarily* by age level. Each child can expect to stay in the same level for 2-3 years. Placement after 4th grade is by attainment for their desired classes. All placements are strictly at the discretion of the instructors and directors, not by parent request. The teacher will inform families at the end of each year as to when they are ready to promote to the next level. Number of years of dance experience does not guarantee placement at a certain level. Every child learns differently- the instructors take several factors into consideration when advancing students. Another key factor in advancement is attendance. Students who miss multiple times a month are less likely to advance with their peers. Parents should try to ensure their children are attending as many classes as possible, encourage their child to focus on their own growth and to always trust in their teacher's opinions.

### TUITION & FEES

- To hold your child's spot in a specific class, you must create a parent portal and register at shinepowerstudio.com. Once you are registered you need to pay your \$25 deposit, per class. This is non-refundable and non-transferable between families. It will be subtracted from 1<sup>st</sup> quarter tuition AS LONG AS you do not drop the class you paid it towards. For example: If you pre-enroll for two classes but drop one, you lose ONE of your deposits. The deposit is meant to hold your child's specific spot. \*IF you pre-enroll and we did not receive the \$25 payment within a week, we have the right to process your card for the \$25 amount. If your card is declined, the spots will be removed from your account.
- Dance/Cheer classes run on yearly basis. Tuition is due quarterly- by registration day in mid-august, and the first of November, January & March.
- Gymnastics classes are run on a quarterly basis (meaning: students can drop/join classes every two months, depending on availability). Quarters begin & tuition is due by our registration day mid-august, the first of November, January & March. Students can change levels between quarters with teacher approval. To drop after a quarter, we MUST receive an email before the next quarter is posted to your account. We will always email out this date but it is most typically two weeks in advance. If you DROP after the payment is posted, you will still owe the amount regardless of participation.
- Please write tuition due dates on your calendar. With the exception of first quarter which is due by our August registration day (TBA). We expect tuition to be paid promptly the first of the quarter.  
 You can also sign into your parent portal at any time to check and pay your balance. If a balance is 14+ days overdue, we will automatically charge the card on file and add an additional \$30 late fee.  
*Any student who goes 30+ days without paying tuition is subject to class removal and IRS notification.*

- **WE DO NOT OFFER REFUNDS OR TRANSFER OF BALANCE**- once a payment has been mailed in or submitted on the portal, you will not be able to receive a refund. We also do not transfer balances from one account to another portal account. If you drop a class, AFTER making the payment, you will forfeit that money regardless of participation. If SPSG offers you any credit (for their own mistake), it will remain on accounts for 1 year. If you have a credit after 1 year, you forfeit that amount.

#### Late Pick-Ups & Emergency Contacts:

- By enrolling at SPSG, you are expected to keep your credit card, emergency contacts, and address up to date.
- You are expected to pick up your child within 15 minutes of the class end time. If you do not pick-up your child within that 15 minute window, SPSG will charge your account \$25 for every 15 minute late. This is used to pay staff for their extra time. IF you do not pick-up your child and SPSG is closing, we have the right to notify the police. We will make at least one attempt to call you. Having emergency contacts is very beneficial in this situation.

#### Dropping A Class:

- If you want to drop a class and avoid the charge, you need to email [shinepowerstudio@outlook.com](mailto:shinepowerstudio@outlook.com)- **TWO weeks in advance**. If we do not receive an email, two weeks before the quarter starts- you are required to pay the fee regardless of participation. Once a fee posts, we do not remove it unless it was our mistake. We often have students on our waiting lists- last minute drops do not allow us to fill those spots.
- **Any dancer/cheer student who drops AFTER Nov. 1- will owe their costume fee, regardless of recital participation.**
- **Any students who drops out of their dance/cheer routine after January 1<sup>st</sup> will be charged and obligated to pay a \$50/re-choreography fee.**

#### Costume Fees: DANCE & CHEER STUDENTS

- Dance/Cheer Costumes: FULL costume fees will be posted *around* November 1<sup>st</sup>. Costumes will cost no more than \$70 per outfit. In addition, any child with shorts/skirt costume, will be charged for ONE pair of tights. In the effort to save you the money, we WILL NOT add in the interest fees that we normally do, as long as you follow the 50% payment policy. Interest fees are roughly \$25 per family. We have always included these automatically into the costume bills to cover the extra credit card and split payment fees that we incurred when ordering.
- THIS year the \$25 **will not** be automatically included. IF you pay at least half of your costume bill by December 1st- you **will not** be charged the \$25 fee. Anyone who did not make at least half of their payment will have the \$25 added to their account AFTER on December 1<sup>st</sup>, 2024.
- **The full amount of costume fees MUST be paid by January 31st. Anyone who has any remaining balance on costumes, on February 1<sup>st</sup> will be charged an additional \$10/ per costume/ per month.**
- Any cheer student who helps with the concession stand during our Spring Recital will have their cheer costume fee voided the following year. All new students and students who chose not to help with concession will be charged a \$35 rental fee for their costume. Cheer costumes are rented out and a rental waiver must be signed. They need to be returned, in good/clean condition by the Friday after recital. Any uniform returned late will be charged \$50 per month until returned.
- Any student that drops a **dance/cheer** class after November 1<sup>st</sup> will still be charged and expected to pay for costumes. IF you choose to drop, you need to send us an email BEFORE Nov. 1<sup>st</sup>.
- All returned checks will be charged an additional \$30. Tuition must be paid in cash after 2<sup>nd</sup> offense.

#### Family & Multiple Class Discounts:

\*This is per quarter, not per year.

\$5 off for every additional dance/cheer/gymnastics class per family.

5<sup>th</sup> child in family- FREE!

\$60 off for every 8 hours of classes a family takes.

\$30 Off for every 8 classes a family takes.

(BOTH will be APPLIED if eligible)

\$57 OFF (per quarter) to any AAU gymnast that signs-up for THREE classes per week. This makes the 3<sup>rd</sup> night over 50% Off.

### Unlimited Class Packages/Per Student:

\*This is per quarter, not per year.

\$350/quarter for unlimited dance and gymnastics (per student).

\$285/quarter for unlimited dance and cheer classes (per student)

Unlimited Packages are offered PER STUDENT, NOT PER FAMILY. \*Extra practices for competitive Dance/Gym Team are not included in packages.

### PRIVATE LESSONS

- Parents may request a private lesson for their child at any point during the year. These MUST be paid and set up directly with your coach/instructor. Please contact your instructor/coach for available time slots. **You must pay your coach directly in cash or check (written to them). If you write a check to SPSG for a private lesson, you will incur an extra \$5 fee.** The only exception to this is if you have a private lesson through Meghan.
- **Typical Private Lesson Price:** Most instructors: \$17.50 for 30 minutes or \$35 for one hour
  - Private Lessons with Meghan. \$20 for 30 minutes. \$40 for one hour
- Please add \$10 for additional students during private.
- CANCELLATION POLICY:
  - IF you need to re-schedule a private lesson AND you provide at least one week notice, you do not get a cancellation charge. IF you cancel a private lesson after booking and DO NOT re-schedule, you owe the instructor \$12 to cover them saving the slot for you.
  - If you do not provide 48 hour notice, you owe the instructor ½ of the set fee.
  - If you do not show up for a scheduled lesson and/or you do not provide 24 advance notice, you will be charged the full fee.

### Competition Dance Team

- Email us for the tryout date. Students MUST have enrolled in the correct summer intensive sessions. If you are interested, you should view the competition handbook on the website or email Meghan for a copy. We have several requirements to attend the tryout. By emailing Meghan by **June 1<sup>st</sup> and registering for your intensives**, you can guarantee an email with the tryout date once it is set...feel free to ask your instructor if you are unsure if your child is ready.

### HANDBOOK & LIABILITY FORMS

- **SPSG Handbook and Liability Form:** When your register online with your portal, you are automatically agreeing to ALL our terms and regulations. Signatures are required on your portal and will be in effect throughout your entirety at SPSG. First quarter tuition must be paid by registration.
- **Photo Policy-** included in your registration waivers. When enrolling in classes at SPSG, you agree and understand that your child's photo *could* be taken and used on our Facebook page or for advertising. We do not crop, eliminate or remove children from photos.
- **Late Pick-Ups-**

### GENERAL Studio/Gym Rules

- Hair **MUST BE** pulled back for ALL classes.
- No blue-jeans, dangly earrings, stomach/facial piercings, or necklaces worn in class
- No gum or eating candy during class times
- No running or tumbling without teacher's permission
- No entering the dance studio/gym without teacher permission

- No early drop offs. Students should not be dropped off more than 5 minutes in advance. Our waiting room is not built for a large amount of people. Wait in your vehicles until your class time.
- The instructor is responsible for children only during class times. An adult must accompany children before and after classes. Classes often run back to back, thus the teacher cannot monitor children.
- Our waiting room is for watching & waiting **ONLY**. Please make sure that if you are bringing food, playing with toys, looking at magazine etc. that you are cleaning up after yourself.
- Do not run around in waiting room or carry on loud conversations- It is very distracting to our students to have loud conversations and noises taking place within the viewing area.
- Nobody should be within the kitchen, office or behind the front desk **AT ANY TIME** without permission. These areas are for “employees only.” If you are caught within these limits and we find any items to be missing, you will be liable.
- Students should use the bathroom before class begins.
- The studio doors are unlocked 15 minutes before first class of the evening. If you bring your child early, please keep them in the waiting room, with you. Your instructors are often prepping for classes beforehand, do not send your child into the studio or gym until instructed by the teacher.
- Please use the drinking fountain to drink water. **DO NOT** wash hands, play, or stick gum in the fountain.
- All dance shoes & water bottles should be kept in the waiting room.
- Parents **MUST** watch from the watch windows. It is distracting to have parents in the gym and studio during classes & private lessons. This is not allowed.

\*Note- If a student fails to follow the rules or is misbehaving, we will ask them to sit out and take notes during classes or give them a conditioning list to work on. The instructor has the right to call a parent if they become a distraction to the class multiple classes in a row. In this case, the child will be instructed to withdraw from the course.

#### DRESS CODE

- **Footwear-** Students must wear the required footwear for each class, meet, and recital.

**Tap-** Black Tap shoes

**Ballet-** Pink ballet shoes

**Jazz-** Black Jazz Shoes

**Tumbling/Gymnastics-** Barefoot

**Cheerleading-** plain white tennis shoes

**Boys HipHop-** Hip-hop **ONLY** tennis shoes. **MAKE SURE THEY WERE NOT WORN OUTSIDE BEFORE ENTERING CLASS.** Any color but neutral is preferred.

**\*No STREET shoes should be worn in gym or studio at any time! Street shoes spread germs and ruin equipment, please respect this rule.**

- **Body wear-** Students are expected to dress properly for classes. The following items are **REQUIRED!**

**Ballet-** All ballet and tumbling students **must** wear leotards to class. Ballet students also **need** to wear tights and are given the option of wearing shorter shorts or ballet skirts.

**Cheer-** Chest must be covered. Wear a leotard or bralette with tanks, t-shirts and shorter shorts overtop for class. **NO BAGGY CLOTHING!**

**Jazz Hop, Boys Hip-hop, and Tap-** Students can wear comfortable/athletic clothing. **NO BLUE JEANS!** Blue jeans are very hard on the foam in the pit. We want to keep a nice, clean facility. Students in blue jeans will have to sit out from gym activities.

**Gymnasts/Tumblers-** Leotards must be worn. No shorts or shirts. Hair tied up in clean, tight bun or braided. No skirted leotards, shorts or leggings.

**All boy gymnasts:** shorts and fitted t-shirts.

**Dress Code for ALL students:** Please do not wear items with any inappropriate wording on them. Please try and keep clothing as plain and neutral as possible. Whenever possible, dancers should wear all black for easier instruction and critiques.

**\*\*For safety purposes: ALL dance, cheer & gymnastics students must have hair pulled back and will not be allowed to participate in blue jeans, skirts, dirty shoes or dresses.**

#### SNOW DAYS & CANCELATIONS

- Please check your email or our Facebook page prior to classes for cancellations. **We try and coordinate with Boscobel Schools; however, we will not always be closed if the schools are closed. We will never penalize a student if they miss class due to weather related driving conditions. Parent discretion is always encouraged.**
- 3 class cancellations are built into our schedule. If we use up more than 3, a makeup class will be scheduled (normally during spring break).



## SPRING RECITAL

- Spring Recital will take place: April/early May (exact date TBA).
- A Friday or Saturday in April or March will be set aside for recital & gymnastics pictures. I will send out more information on pictures, ticket sales and costumes after January 1<sup>st</sup>.
- The Wednesday or Thursday before recital, will be a **REQUIRED**, rehearsal for all solos, duets, trios and all intermediate and advanced classes at the auditorium. There will also be a **REQUIRED dressed** rehearsal Friday for **ALL** students at the at the auditorium. Friday's rehearsal will start promptly at 4:00 pm so please plan rides accordingly. Any student who misses or is late for rehearsals **CANNOT** perform in the recital.
- Any student who misses 5 or more classes after January will not be able to perform in recital because they will be unprepared for their performance or you can discuss with your instructor the option of standing out of the areas you missed. \*Multiple, private, make-up lessons will not help against absences- they need to be working with their class/ in their class to understand formations/ripples/tricks etc.

## Absences

- Attending each of your classes is the responsibility of the student and parent. Our hope is that because you are paying for the classes, you will do your best to attend the majority of them; however, out of fairness for the class, if a student is missing multiple times overall or multiple times in a row, your teachers have the right to ask them not to perform specific portions of routines or remove them from the routine completely. Especially in cheer classes where students work together to form stunts and tricks. It is for the overall safety of each child that we do not perform routines that were not consistently practiced. We highly encourage that no student misses more than twice in a row and five times altogether- primarily after the first semester when routines are started. It is abnormal for a student to miss more than 8 times all year, if this is you- please be mindful of your classmates.
- If you need to miss for any reason, **DO NOT** email or facebook message your teacher directly. Please login to your portal and submit the absence within the portal. Although this is not required, it is highly encouraged. The portals will notify **ALL** your child's instructors via email.

## SOLOS, DUETS & TRIOS

- As my gift to graduating seniors- seniors will have the opportunity to pick a song **and choreograph their own senior** solo for recital, IF my senior amount has not exceeded 5. If I have 5+ students interested in senior solos, I will have to request a 30 second showcase per student or that they combine to trios/duets ect. Please, let me know the song prior to choreographing.
- Due to our competitive team solos, we rarely have space for any recreational solos; however, if our show number is below 35 then solos, duets & trios are an option for recreational students. If you are interested in having one of these for the 2024 Spring Recital, you must turn in a request form (found on our website) by September 15<sup>th</sup>, 2024. Students who put in a request will be placed in a **drawing** for spots. The first 1-3 students drawn will be given two weeks to pay the fee, in full, in order to guarantee their place in recital.
- Once the fee is paid, the student is obligated to practice with their instructor up to 5-10 times. Most lessons will be scheduled on Sundays or Wednesdays. If you are unable to make these days/times work then you will be unable to perform in recital. You must be willing to work into the instructor's open time slots and you must understand that any lesson cancelled less than 24-hours in advance will be charged accordingly.
- **To qualify** for a solo/duet/trio, **ALL** students must be enrolled in at least one regular dance class and they will need to have at least three years of dance experience. As a reward for their hard work and dedication, I will add the students name into the drawing an extra time for each dance/cheer/tumbling workshop they participate in during that year.

Recital Solos: \$350

Recital Duets: \$450

Recital Trios: \$550

Recital Senior Solos: FREE

## OPEN GYMS

- Open gyms will be offered randomly throughout the year.
- Open gyms are a time when students can come and use the gymnastics equipment and work their routines. An instructor will also be there for supervision **ONLY**. Because students are not being spotted or guided, they should make sure to work only on skills they are being taught in class.
- No parent supervision needed.
- Regular class rules apply: 1 person on trampoline at a time. No more than 3 jumping into the pit at a time. Equipment should be used for their intended purpose. No student/parental training.

Cost: \$7/ per student

OR purchase a punch card (no refunds available)

\$65 for 10 sessions

**NON-STUDENTS MUST BRING A SIGNED WAIVER!**

For any dance, cheer, billing or portal questions/concerns please contact Miss Meghan or review our handbook, handouts, and website for immediate answers.

For gymnastics questions- please email Coach Kayleena. And be sure to like, "SPSG Gymnastics," facebook page.

Business related questions are not guaranteed to be answered on the weekends. We appreciate everyone's understanding and will always return calls/emails as soon as possible on Monday.

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