

RECITAL GUIDE

2022 Spring Recital

Important Dates:

- Tshirt & DVD Orders Due: Feb. 10th
- **Costume Handouts:** Beginning March 14th (if your account is fully paid).
- **Spring Break:** March 28-31
 - Picture Day: April 2nd
 - Spirit Day: April 18th
- **Last Day regular class day of the season (excluding TEAM gymnastics):** April 14th
- **Upper-Level, Mandatory Rehearsal:** WEDNESDAY April 20th
- **Mandatory Dress Rehearsal:** April 22nd

Recital Hair & Make-up:

- SPSG does not have any “specific” hair or make-up requirements. Our only policies are:
- Girls should try to wear make-up to enhance facial features. Mascara, blush, lipstick, eyeshadow are encouraged. Colors are your choice.
- Girls MUST have their hair tied back. Ballet buns, high, curled ponies, or side buns are easy go too styles. *If your child has a hat with their costume, plan accordingly. **Students will not have time to change hairstyles between routines.**
- Toddlers (Dance Basics I): They can wear their hair down in curls or half-up, half down if desired.

Spirit Day

Monday, April 18th

- All students are invited to dress up on our yearly spirit day. This is a great way to excite your communities about the upcoming show.
- Students are encouraged to dress in anything dance, cheer or SPSG related (wear all that teal, purple, glitter!! Or simply wear your recital shirt or dance jacket).
- Take a picture of your child and tag us on Instagram or Facebook. We share ALL photos.
- The top 5 most creative students earn prizes AND have their pictures displayed in the lobby at recital!

Costumes

- SPSG costume fees ARE NOT included within tuition. Costume fees will be posted to your portals around January 1st.
- Any costumes not paid by February 1st will accumulate an overdue fee of \$5 per costume, per month.
- If you have paid 4th quarter tuition (billed out at the end of Feb. and due March 1) AND you paid your costume fee, your child will bring their costumes home around March 14th. If your account has any balance, please prepare your child that they will not be able to take their costumes yet.
- **Due to lack of staffing and supplies amongst our costume companies, I have several costumes that are not being shipped until March 23rd. I always order these early in November but could not get an earlier ship date (on some). A classmate could have theirs but I could be missing your child's particular size.**
- **If you have a missing costume on hand-out week, please double check with me. Most likely I will receive them the week OF pictures.**
- **Helpful tips:** Once your costumes are home they can be taken out of their costume bags and hung on hangers to avoid wrinkles. Steam out wrinkles in costumes prior to picture day. Tutu style costumes can be hung upside down so that they stay fluffed. **Write your child's name on all costumes, shoes & accessories.**
- Students should not wear jewelry with their costumes.
- Any costumes that shows legs, should have included tights. We have extra for sale, year-round, for \$7.
- The correct dance shoes are required for pictures and performance. Make sure that you know which shoes goes with which costume.
- Bra, leotard and tank straps SHOULD not be visible under costumes. Details on wear to order nude, clear bras or leotards in below.
- Cheer students have a different set of guidelines— please view underneath the cheer section of this guide.

“With organization comes empowerment,”

-Lynda Peterson

Picture Day Saturday, April 2nd

When & where will my child have their picture taken?

Pictures will be taken at the studio on April 2nd. A specific schedule will be sent out and posted in early March. Each class is given a 10-15 minute time slot between 8am and 5pm.

Who will take the dance pictures?

Evan Schwanke Photography (our favorite!!)

Is Participation required?

No, participation is not required but encouraged since we display photos in the lobby each year.

How do I purchase pictures?

You do not need to purchase pictures but they make a perfect keepsake from year to year. We will send out order forms before picture day. These need to be filled out in advance and sent with a check. Checks MUST be written to "Evan Schwanke Photography." One check is accepted per family BUT please write the same check number on top of each order form.

How many order forms do I need?

You need an order form for every costume that you want photos purchased.

What does my child need on picture day?

Hair & makeup should be done before arriving. See recital hair/makeup guidelines on page 1.

They need ALL their costumes with the correct shoes, tights & accessories.

One order form per costume.

NO BRA STRAPS should be visible with costumes.

How will my child change on picture day?

The gymnastics gym will be available for changing. Feel free to set up mats to create your own changing space.

Please try and save bathrooms for the boys to change and for people who need to use the restroom, not for changing.

Students should not utilize ANY of the gymnastics equipment while in the gym.

Do you have any other picture day policies?

Yes, please try not to send any siblings or extra family members with your child. The waiting room is VERY busy and crowded. It is easier if we have less people.



Recital DVD's

Do we need to order recital DVD's?

Ordering DVD's is optional; however, no video taping is allowed during the show. If you would like a copy of the full show AND backstage clips, a DVD must be ordered in advance.

Who will be video taping the recital?

We have re-hired our seasons 1-6 videographer this year– All & Any Media

How much are DVD's?

DVD's cost \$32.

How do I purchase a DVD?

Order forms will be emailed out to everyone soon AND we will have extra, hard copies on the front desk of the studio. These need to be filled out and returned to Meghan or dropped in the drop box at the front desk. Please include cash or checks written to "SPSG."

When will we receive our DVD?

DVD's will be mailed to the studio 6-8 weeks after the show. The studio will send out an email when they have been received. It is your responsibility to go to the studio during any open hours and ask to pick-up the DVD you ordered.

Recital T-Shirts

Do we need to order recital T-shirts?

Ordering a recital shirt is optional.

What do the shirts look like?

A picture of the 2022 recital shirt is shown below. Shirts will be white with teal/black font. Recital theme, studio name & year are shown on front. The backs of shirts are plain.

How much to the shirts cost?

Recital shirts are \$15 or \$17 for XL sizes.

How do we order the shirts?

Order forms will be emailed out to everyone with the DVD forms AND we will have extra, hard copies on the front desk of the studio. These need to be

filled out and returned to Meghan or dropped in the drop box at the front desk. Please include cash or checks written to "SPSG."

*You may write one check if ordering shirts AND DVD's.

When will we receive our shirts?

Typically t-shirts are delivered to the studio by the 2nd week of March. Meghan will put them in your costume bag OR hand it to your child directly.



Recital Tickets

Do we need a ticket to watch the show?

Yes. Doorways to the auditorium are monitored. If you want to see the show, you must have a ticket. OR you must be signed-up as a backstage helper in which case you can watch from the stage wing.

How much are tickets?

Tickets are \$15/each for children and adults (unless the child is young enough to sit on a lap.)

How many tickets can we buy?

Tickets are unlimited until sold out.

When do we get our tickets?

On picture day, the front desk will be set-up where you can buy your tickets. If you want to guarantee tickets, you need to buy them on picture day (or email Meghan if you cannot make it). Anything not purchased will go for sale so that people can get extra. **If you do not purchase on picture day, we cannot guarantee you will get any.**

Are tickets date/time specific?

Yes, you will need to request specific dates. First come first serve for sales.

Backstage Helping

How many backstage helpers do you need?

We would like to have at least 5 helpers per changing room. This would be about 28 total.

What does a backstage helper do?

Please view this before considering signing up. I have had trouble with backstage helpers not helping ALL children in the past. I love having extra help but only if they are willing to assist as needed.

This year, the doors to enter backstage will be monitored. This is because we had a lot of audience members/adults entering the backstage area last season AND we had children leaving their rooms without permission.

It is important that we know **every** person that comes backstage. It is especially important that males are not coming into the female wing during the show and intermission. We have girls who have to change in the halls sometimes.

NEW THIS YEAR: backstage helpers will be given passes. Besides staff and students— no one else will be permitted backstage until the show is over.

Backstage parents need to show their pass to the hall monitor and then be ready to help with the following tasks:

- *Change costumes if needed.
- *Take little students to the bathroom
- *Line the classes up and organize their class order.
- *Play games/help keep the children entertained.
- *Make sure that the students are quiet when in the hallways and stage wings.
- *Help head count and ensure the full class is present.

Can I watch my child dance if I am backstage?

Similar to last season, we will allow backstage helpers to slip into the wing during their child's performances. If you have multiple kids, we are okay with you slipping in during their performances, please just ensure that another parent is comfortable waiting with the class you are assigned too help.

Do we need a ticket if we are helping backstage?

You do not need a ticket during the show(s) that you are signed up to help with **but you cannot watch from the auditorium.**

How do I sign up?

Meghan will have a sign-up sheet in the waiting room on the weeks leading to picture day. She will send an email when this is available. You can either come into the waiting room and add your name OR email Meghan and she can add your name.

You will need to request a specific show or shows And request a child's room. Especially if you have multiple kids.

Can we come backstage if we are not signed up?

No. To It is important, for the safety of the students, that we know who is helping and that they are the only people in the rooms on their assigned day.

It is also helpful to understand that although Meghan may recognize you as a parent, our backstage helpers might not. If you are not signed up to come backstage, you should not enter during the show and intermission.

Your name will be displayed on the dressing room door AND you will be given a name tag. If you are signed up....

CONT on page 5...

Backstage Helping Cont...

...we expect that you stay backstage during the entirety of the show and that you help ALL children (not just your own.)

Please make sure you are not switching with someone else mid-way through.

If we can't get enough parents, we are open to responsible grandparents or adult siblings.

No men/boys in the girls changing rooms.

Toddler boys/girls (ages 3-6) are typically mixed in one room.

Pretty please ONLY sign up if you will avoid your cellphone, take notes on class orders, follow the class around like and puppy and try to go above and beyond to help EACH student. We NEED good helpers to help run a smooth show! It is truly the most important job in creating a successful backstage environment.

Masks

Who needs a mask on recital/rehearsal day?

I have been in contact with the PDC school district. Prairie Du Chien has been mask optional since April of 2021 and has had no issues. **Masking is expected to remain optional for students and audience members.**

What if we want to wear a mask?

- IF you choose to wear a mask, please wear one of the clear masks we utilized last season.
- These are very cool and have proved to be pretty much fog proof. They also have a chin guard that helps hold them in place. We highly recommend ordering these. Etsy & Amazon sells packs of 5 for low cost.
- A picture of Kayleena wearing the mask is shown below. I have several extra, brand new ones from last recital. IF you want one, please

check with Meghan before ordering. I can sell the ones I have for \$2 a piece so that you do not need to order a full set.

- If you want to order your own, Meghan can send a link upon request.
- If you wear a mask, please use bobby pins to pin into hair so you do not lose them while dancing.



What to wear under costumes

What do students wear under their costumes?

If you have an older student who needs a bra OR if your child would like the ability to change without taking all items off, we highly recommend purchasing nude leotards or dance bras. Discount Dancewear and Just for Kix sells many great undergarments for all ages. Here are a couple links to ones I prefer:

[Womens "Shaparee" Padded Molded Bra with Clear Back Strap - Undergarments | QT Intimates 353 | DiscountDance.com](#)

[Womens Seamless Camisole Undergarment Leotard - Bras/ Bodysuits | Natalie N234 | DiscountDance.com](#)

Upper Level Rehearsal:

Wednesday, April 20th

Who is considered an upper level dancer?

Any class that has intermediate, or advanced within the title (check the title of your classes within your portal. Example: Intermediate Cheer).

Competitive Team, pre-pointe, Solos & Duets are also included.

IF you are unsure, I will include a list of songs that NEED to come to this practice. You can also email me to double check. IT is crucial you attend your practices so that we do not have to remove you from the show.

When is the upper-level rehearsal?

This year it will be held on WEDNESDAY (April 20th).

Where is the rehearsal located?

At the Prairie Du Chien High School Auditorium

Is attendance mandatory?

Yes! I know some students have sports in the spring. This is the ONLY week all year that I require full commitment. Let your coaches know in advance...if you miss your rehearsal, you cannot perform in the recital.

Do we need our costumes?

No. Costumes are not needed on this day. Instead please wear appropriate dance attire with the correct shoes. Hair tied back. No bra straps. I highly recommend black leotards with spandex shorts and tights (ballet).

What time is the rehearsal?

A specific schedule will be handed out in March. Students will be given 15 minute time slots per class anywhere from 4:30pm to 9:30pm.

Do we have to stay that whole time?

No, you can come at your correct time slot and leave when all your classes are done.

Does a parent need to attend?

Parents do not need to attend but are welcome to sit and watch in the auditorium.

Anything else we need to know?

Students will not be able to hang out backstage in their dressing rooms. Also, because our practice is on a Wednesday and they have a school concert on Thursday— students should not leave items in the facility until Friday night.

Songs that need to attend on Wednesday (upper level students should know their song titles but if not, please check with Meghan).

Intermediate Cheer: Top Hits
Advanced Cheer: The Charts
Boys Trio— The Jackson Three
Sold
Boot Scootin Boogie
Ice Ice Baby
For the Love of Katy Perry
The Wedding
The Way You Move
Illusions
Eleanor Rigby
Someone Like You
Mr. Postman
It's Britney
One, Two Step
Shape of You
Tossin & Turnin
ALL SOLOS & DUETS
SOLO SHOWCASE

All Level Rehearsal: Friday April 22nd

Who needs to attend this rehearsal?

Everyone who is performing in the recital. Including the dads.

Is this rehearsal mandatory?

Yes, no exception. This is the ONLY..

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Recital Rehearsal Continued...

...week all year that we require full participation. Please plan accordingly. You cannot miss this practice OR be late. If that means you need to leave school early or carpool with someone else, make those arrangements in advance.

If you have another sporting event, let your coaches know that you will not be available this day.

Where is the rehearsal located?

At the Prairie Du Chien Auditorium

How do we access the auditorium?

The address is: 800 E Crawford St.

The doors used to access the auditorium are on the backside of the building (if coming from Boscobel).

If you come from Boscobel and turn right by McDonalds, you will see it. Please DO NOT use the school doors. The auditorium has its own set of large, glass doorways.

What time do we need to be at rehearsal?

NEW THIS YEAR: In past seasons we required EVERYONE to attend at 4pm. We are changing this to allow a little flexibility and to keep less people in the building at a time.

This year we will give each class (that did not rehearse on Wednesday) an arrival time slot between 4pm and 5:30pm.

YOU CANNOT request a time OR BE LATE. We will give these spots based on the order of the show. Other than the 4pm slot, all students need to arrive 15 minutes BEFORE their given time. Because most students have multiple dances, it is best to assume your arrival time will be between 4:00 and 4:45pm. The schedule will be posted in March so that you can arrange as necessary.

Upper level classes, which rehearsed on Wednesday, do not need to arrive until 6:00pm.

A quick meeting will be held in the auditorium around 6:30pm before the full run through.

Dads in the father/daughter dance need to arrive at 8:00pm.

What happens when we arrive for rehearsal?

Between 4pm and 6:30pm, classes will be

called up onto to stage by SPSG staff members. Each class will get 10-15 minutes to run their routines on stage and mark out formations with their instructor.

They do not need costumes for this portion....they should wear appropriate dancewear and must have their correct shoes. (We take pictures during rehearsal. NO bra straps. Leotards with spandex shorts and tights should be worn just like in class)

Around 6:30pm, Miss Meghan will take a few minutes to talk and discuss backstage regulations. Students will be directed to put on their first costume and wait until Miss Meghan calls them to line up backstage.

We will run the finale first.

After finale we will run the entire show, **in costume**, from start to finish. We will run it as if it's the real performance. Students will remain backstage at this point until they have done ALL their routines.

Backstage helpers need to attend and practice helping backstage for this too.

Students can go home once they have performed all their routines.

Is this practice long?

This is a long night. Please prepare to be patient and wait around quite a bit. Bring games, books, or simple toys if desired. We do try and get the youngest students to leave by 8:00pm but most kids will be at the auditorium until at least 9:30pm.

In past years, we have practiced past 10:30pm.

What do we need to bring to the practice?

Wear appropriate dancewear AND bring your costumes, dance shoes, tights. Bring the correct undergarments too.

We have a professional photographer this day. If your child has a sports bra under their costume, we will not use the photos for our ads. Dress like a performer.

Bring some books or games. If you any toys or electronics, I would recommend writing your name on them.

Will dressing rooms be available when we arrive at 4pm?

Students should not use the backstage hallways or dressing room until Miss Meghan announces the full show run thru at 6pm.

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Recital Rehearsal Continued...

At 6pm, the backstage area will be opened and students will remain in their assigned room until they are done with practice.

Students can leave their costumes & accessories in the dressing rooms overnight.

Do backstage helpers need to attend?

Yes, anyone signed up as a backstage helper should try and arrive by 6pm. We rely on our helpers A LOT. Attending the full show run-thru is important for parents and students to understand what will happen.

Will food be available?

Concessions will be sold all night Friday and during the shows on Saturday and Sunday.

Do we need hair & make-up done?

Stage hair and makeup is not needed. Please make sure girls have their hair up though.

Extra notes-

Once the full show starts running, students need to remain in their assigned dressing rooms, as they would for the real show. We do not have time to look for missing students.

Although this is a long night, typically our students really enjoy their rehearsals. At SPSG we strive to create a stress-free experience for the students and parents. If everyone arrives on time and brings the correct shoes/costumes, we can guarantee a smooth & fun evening.

What do we do when we are done with our routines?

After ALL your routines have been performed, in costume, you can leave or sit in the auditorium and watch the other routines.

Father/Daughter Dance

What do Father's need to know for the father/daughter rehearsal?

Continued...

Dads need to attend the Friday, April 22nd rehearsal. They should arrive in costume at 8pm.

We will run their routine as close to 8pm as possible so they can leave when they are done.

They need to attend BOTH shows. If they want to sit in the auditorium, they must buy a ticket. They will come backstage two songs BEFORE intermission.

Costume: Girls NEED black leggings, black tank tops, rainboots and umbrellas. Boots & umbrellas can be any color but they MUST bring the umbrella to each practice.

Dads should wear blue jeans with black t-shirts and clean sneakers



Concession Stand

We need volunteers to provide the food/drinks for the concession stand during Friday dress rehearsal and all three recitals. All profits go towards cheer uniform costs and new equipment.

If you would be willing to donate or bring items for the stand, a sign-up sheet will be posted in the waiting room in March.

Big thank-you to Sherri Seitz who will be running the concession stand for us. It is a big job and we are VERY grateful for her commitment and hard work.

Shout-Outs

We be providing our optional, shout-out booth at all recitals again this year.

Sherri Seitz has volunteered to run it again (big thank-you to her!!).

The booth will have different candy, flowers, & small gifts for purchase.

You can buy them at the recital and attach a note for your special dancer.

They are delivered to the students backstage. We hope that this will add extra convenience so that families do not have to worry about bringing in their own items.

Boys Hip-Hop

What kind of shoes do we wear for the recital?

Any clean tennis shoes. If you would like them to match your costume, that's awesome. Otherwise neutral colors are preferred.

Hats

What if our costume comes with a hat?

We highly recommend attaching elastic to the hat so that it can be secured under the students chin or behind their ears.

Girls that wear hats, we recommend low buns or low side buns to make the hat fit better.

Cheer Students

What kind of shoes do we need for recital?

All students need plain white tennis shoes. These can be purchased anywhere but must be white.

What else do we need for the recital?

Students MUST have black spandex with black tank tops OR black leotards on underneath their uniform.

How do we get our uniform?

Miss Meghan will send out uniform rental forms with your child in February. These must be signed and returned.

Then Miss Meghan will send the uniform home with your child at the beginning of March.

Rentals are applied with your hair bows to your parent portal. (\$35 for the uniform and \$7 for the hair bow).

Bows are yours to keep and are used year to year.

Uniforms MUST be returned immediately after the Sunday show.

[IF you sign up to donate or bring items for our concession stand, you will receive a free uniform rental for the 2023 show.](#)

What does our bow look like and what do we do with it?

Bows are the same as the 2021 season. Big, teal and glitter.

These need to be worn on top of the students head...ribbons in front. Picture below:



Practicing for Recital

How can my child practice for the show?

Recital music can be found on our website: shinepowerstudio.com under the “recital music,” tab.

At SPSG we edit almost ALL our music. To ensure you are using the correct version of the song, please use the website.

Can we get videos of our children’s routines?

We highly recommend that students in the upper levels bring cameras/cell phones and record their routines at the end of their classes.

This has proven to be a great tool to help practice at home.

Younger students: if a parent would like to pop in at the very end of class or if the students has access to a phone or camera, they can record also.

Please do not upload these videos onto social media.

2nd Semester Attendance

What happens if my child misses classes during 2nd semester?

Now that we are beginning recital routines, attendance is VERY important. Not just to prepare your child but to prepare the entire class. Everytime a student misses, we have tricks we cannot run and formations we cannot fix. Please respect your classmates by avoiding unnecessary absences.

In the intermediate & advanced levels students missing multiple classes WILL affect their placement in the routines. We do not spend time to re-teach choreography each week so it the students responsibility to get a video from a friend.

If they miss 5+ times and become too far behind, we may remove them from the routine OR ask them to go off stage for the portion that they do not know.

Snow Days

How many snow days are built into the semester?

We have three snow days built into our schedule (per day) without a make-up.

I will send an email if we are closed & I will always post on the SPSG Facebook page for cancellations. Always check before driving to classes. **If you are**

ever concerned and we did not close, please use your best judgment on travel.

Spring Break

Is there a spring break this year?

Yes, unless we need to schedule extra practices due to snow days, we will have our regular spring break.

This year we are planning to coordinate with Boscobel schools– March 28-31

Season 9

We begin handing out our 2022-23 schedules to current students in early April. Current students get first dibs on spots before we open spots to the public.

That being said, I would like to prepare everyone for a big change to our 2022-23 season. We are saddened to announce that Coach Sheena will be stepping back from our gymnastics program next year. We have been VERY blessed to have her lead our AAU team for the past 5 years. We will miss her greatly so please send lots of love and kind words to her.

Although, we are bummed about her departure, we are **extremely excited** for the changes and new things that will happen this summer and next fall. **Please help us welcome our new recreational gymnastics director, Coach Shawna!!**

As most of you know, Shawna Bedward has coached for us for the past four seasons. Beginning June 1st, Shawna will take over as the director of the SPSG gymnastics program. We will be discontinuing our AAU program BUT we are excited for the big things we will be able to offer recreationally next fall.

We will have more details in the March newsletter but a few cool things that will be happening include;

- Shawna will be jumping on board to coach multiple days next year. This gives us the ability to offer more class day/time gymnastics options
- We will be matching our dance program by getting kids into classes of their own age level
- We will be giving students as young as three, multiple opportunities to compete locally.
- We will be offering cool new summer camp options and more opportunities for private lessons. **Stay tuned for more info!**