

FAQs about Shine Power Gymnastics Meets!

What is a gymnastics meet? The gymnastics meets held for the students to experience their own "competitive gymnastics experience". These are more casual competitions; everyone receives an award and we take the top 6 in event placements. We like to think of it as a showcase to show all they have been learning in classes and a time for the gymnast to have their time in the "spotlight".

How do I know what level my child is? The level of your child for the meet routine may not necessarily be the same name as the class that they are in due to different learning levels/abilities. Your child's instructor will place your child in a level for the meets that best meets the child's abilities, this level may change as the child progresses throughout the year.

When do they learn the routines? Your child will learn the routines in class & we are always working the skills for their routines during class. Your child DOES NOT need to memorize the routine, there will be someone at the tumbling meet telling every competitor their routine - this takes the stressor of memorization off the child so they can focus more on their gymnastics!

What if this is my child's first time in gymnastics, are they ready for a tumbling meet?

YES! I can assure you we have a level for everyone! We also split up each division into age groups.