

FAQ's about Shine Power Gymnastics Meets!

What is a Recreational, Gymnastics Meet? These meets are held for students of all levels to have their own “competitive gymnastics experience.” These are casual competitions; everyone receives a medal and the top 5 (per division) earn a ribbon. We like to think of it as a showcase to show of all they have learned in classes this year.

How do I know my child's level? For SPSG gymnasts- the level *should* correlate with their class level. If you are not an SPSG gymnast, please view the routines and pick which matches your child's skills best. If you have questions or need recommendations, contact spsgkayleena@gmail.com for guidance.

When do they learn the routines? SPSG levels 1+ will learn their routines in class. We are always working on the skills for their routines throughout the season. Not an SPSG student, no problem!! Your child DOES NOT need to memorize their routine, someone at the meet will be reading every student their routine. This takes the stressor of memorization off the child so they can focus on their skills

What if this is my child's first time in gymnastics, are they ready for a meet? Yes! We can assure you, we have a level for everyone. We also split levels into specific age divisions. It is a fun experience for all!

Why should I participate in an SPSG recreational meet? SPSG meets are unique because they give the child more than one opportunity to compete. At each meet, the student has the chance to compete a floor AND bar routine- two chances to place, two chances to show of their skills AND for a low cost. PLUS! Another unique factor to SPSG meets is that we work IN correlation with the PDC/Fennimore Gymnastics team to provide southwest WI students extra, low-cost opportunities to compete gymnastics.

If you LOVE the SPSG meet, you can also compete in PDC's Winter Wonderland meet each December too. We utilize the same routines and scoring systems- it's just hosted by two different organizations.